

Otolaryngology
Head and Neck
Cancer
Pediatric
Otolaryngology
Facial Plastic Surgery
Allergy Management
Balance Disorders
Audiology

SURGICAL PREOPERATIVE INSTRUCTIONS

YOU ARE SCHEDULED FOR SURGERY ON _____.

PLEASE REPORT TO THE DELMARVA SURGERY CENTER. THE SURGERY CENTER WILL CALL YOU DIRECTLY 2-3 DAYS PRIOR TO YOUR APPOINTMENT WITH YOUR ARRIVAL TIME. SHOULD YOU NOT HEAR FROM THE SURGERY CENTER OR IF YOU HAVE QUESTIONS REGARDING YOUR ARRIVAL TIME, PLEASE CALL DELMARVA SURGERY CENTER AT 410-543-4590.

___1. DO NOT EAT AFTER MIDNIGHT THE NIGHT BEFORE SURGERY. YOU MAY HAVE CLEAR LIQUIDS UP UNTIL FOUR(4) HOURS PRIOR TO YOUR ARRIVAL TIME. CLEAR LIQUIDS INCLUDE: COLA, GINGER ALE, 7UP, TEA, WATER, AND BLACK COFFEE. NO CREAM OR MILK PRODUCTS, CHEWING GUM, OR LIFE SAVERS!!!!

___2. NO SMOKING THE MORNING OF SURGERY.

___3. DO NOT BRING JEWELRY, MONEY, OR VALUABLES WITH YOU TO THE HOSPITAL. THIS INCLUDES WEDDING RINGS. PLEASE LEAVE YOUR CONTACT LENSES AT HOME OR BRING THE CONTAINER AND SOLUTION FOR THEM WITH YOU.

___4. NO FINGER NAIL POLISH OR EYE MAKE UP.

___5. BRING AN ADULT WITH YOU THAT CAN DRIVE YOU HOME OR ARRANGE TRANSPORTATION.

___6. YOU MUST HAVE A RESPONSIBLE ADULT TO CARE FOR YOU AT HOME FOR UP TO 24 HOURS.

___7. IF YOU HAVE A LIVING WILL AND WANT IT ON YOUR HOSPITAL RECORD. PLEASE BRING IT WITH YOU THE DAY OF YOUR SURGERY.

___8. PLEASE TAKE ALL ESSENTIAL MEDICATIONS WITH A SMALL SIP OF WATER THE MORNING OF SURGERY UNLESS OTHERWISE DIRECTED BY YOUR PHYSICIAN.

THANK YOU,
CATHY, SURGERY COORDINATOR

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**TTY USERS
CALL
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